COURSE OF INFANT PSYCHOPATHOLOGY. CHILD PSYCHOTHERAPISTS

Instructor. Martin Maldonado-Duran MD
Where. Operation Breakthrough . 3039 Troost Avenue  Troost. Kansas City, Missouri. 64 109
First Thursday of the month 1-4 PM. (3 hours per session, see schedule below)

Rationale. There is a need for mental health professionals who work with young children in various child care settings to deepen their understanding of the emotional and behavioral problems that affect infants in the context of their caregiving environment. The course will cover the most frequent disturbances during the first three years of life together with parent infant relational difficulties

Presenter. Martin Maldonado-Duran MD. (see attached curriculum vitae)

Planning Committee. 1. Martin Maldonado-Duran, MD. Infant and child psychiatrist. Truman Medical Center. Associate professor, UMKC School of Medicine Department of psychiatry. 2. Tamara Graves, Head Start Mental Health/Disability Specialist. 3. Liz Smith, Mid-America Head Start Child Health and Development Manager. Kansas City, Missouri. (Mid America Regional Council)

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| Session 1 | February 4, 2010 1-4 PM | Attachment theory and implications for infant psychopathology |

Educational objectives
1. Identify the components of attachment between infant and primary caregiver
2. Describe the biological roots of attachment behavior
3. Discuss implications of attachment theory for infant psychopathology

Reading suggestions

| Session 2 | March 4, 2010 | Risk and protective factors for infant psychopathology Resilience and early intervention |

Educational Objectives
1. Describe the concepts of risk and protective factors in infant mental health
2. Describe factors that can easily be changed and those that are difficult to change in risk factors
3. Conceptualize the implications of these concepts for early intervention and prevention

Suggested articles


| Session 3 | April 1st, 2010 | The classification of infancy disorders and relationship disorders. Zero to Three |

Educational Objectives
1. Identify the hierarchical nature of diagnostic categories of emotional and behavioral disorders in infancy
2. Recognize the most common emotional and behavioral disorders in infancy
3. Describe the nature of the multiaxial classification.

Suggested references
Maldonado-Duran, Martin; Helmig, Linda; Moody, Chris; Fonagy, Peter; Fulz, Jim; Lartigue, Teresa; Saucedo-Garcia, J. Manuel; Karacostas, Velissarios; Millhuff, Charles; Glinka, Jill. The Zero-to-Three diagnostic classification in an


| Session 4 | May 6, 2010 | Emotional trauma in early childhood. Manifestations and intervention |

**Educational objectives**
1. Identify the main manifestations of psychological in early trauma
2. Describe the mechanisms of the effects of trauma in terms of physiology and the infant’s brain
3. Identify strategies for psychological intervention for trauma during early childhood

**Reading suggestions**


| Session 5 | July 1st 2010 | Regulatory disturbances in early childhood. Manifestations and intervention |

**Educational Objectives**
1. Identify the nature of sensory integration difficulties in infancy
2. Conceptualize the nature of regulatory disturbances and its subtypes
3. describe intervention strategies to deal with regulatory disturbances

Suggested readings


| Session 6 | August 5th, 2010 | Sleep physiology and sleep disturbances in infancy. |

Educational objectives
1 Describe the features of dysomnias and parasomnias
2 Identify the most common sleep disturbances in infancy
3. Conceptualize strategies for clinical intervention with sleep disturbances

Suggested readings


| Session 7 | September 2, 2010 | Development of eating skills, feeding and eating disturbances in infancy |

Educational objectives
To describe the maturation of eating abilities in the infant
To describe the most common feeding disturbances in infancy and failure to thrive
Conceptualize a multimodal clinical intervention for feeding problems
Suggested readings


| Session 8 | October 7, 2010 | Maternal depression and other psychopathology. Unresolved mental states and effects on the child |

Educational objectives
1. identify the most common mental health problems in the perinatal period and their impact on the infant
2. describe the importance of “unresolved mental states” in determining frightening behavior in the mother
3. Identify the “in utero programming effects” of stress and depression

Suggested readings


| Session 9 | November 4, 2010 | Separation and loss. The infant in foster care. Manifestations and intervention |

Educational objectives
1. Describe the main emotional and behavioral manifestations of disruptions in attachment and foster care placement in young children
2. Identify the “regressive” effects of such loss, as well as the nature of disruptive behavior
3. Describe strategies to ameliorate the negative effects of such disruptions

Suggested readings


Session 10  December 2, 2010  Infant parent psychotherapy . Multimodal approach

Educational objectives
Identify the components of an infant parent psychotherapy approach, i.e. different therapeutic modalities
Recognize the need to modify the approach to the clinical situation
Identify various situations that merit different approaches

Suggested readings

Session 11  
January 6, 2011  
Mentalization based approaches to infant parent psychotherapy

Educational objectives

1. Identify the concept of mentalization.
2. Describe the technical aspects of psychotherapy based on mentalization strategies.
3. Describe the concept of “minding the baby”.

Suggested readings


Session 12  
February 2, 2011  
Perinatal mental health

Educational objectives

1. Describe the main mental health challenges in the perinatal period.
2. Identify the complexity of parental psychopathology and its impact on infants.
3. Describe intervention strategies for these conditions.

Suggested readings